How to take VYVANSE®

ADHD

A guide for patients with ADHD who have been prescribed VYVANSE®

Vyvanse®
lisdexamfetamine dimesilate

What is VYVANSE used for?[1]

- VYVANSE is a central nervous system stimulant. It is used to treat Attention Deficit Hyperactivity Disorder (ADHD)
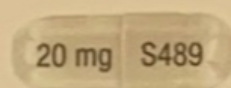- VYVANSE increases attention and decreases impulsiveness and hyperactivity in patients with ADHD.

VYVANSE can be abused or lead to dependence. VYVANSE is a controlled substance and should be handled responsibly. It is illegal for anyone prescribed VYVANSE to sell or give it to other people.[1]

Keep VYVANSE in a safe place to prevent misuse and abuse. Also, return any unused capsules to your pharmacy to safeguard against them being taken by anyone else.[1]
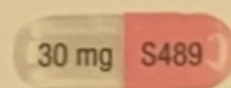
How much to take[1,2]

- The usual starting dose for children, adolescents and adults is 30 mg once a day
- Your doctor will increase or decrease the dose until it is right for you or your child
- VYVANSE capsules come in a number of different strengths – your doctor will advise what strength is suitable for you
- VYVANSE is supplied in bottles of 30 capsules, inside a cardboard carton.
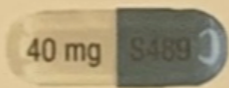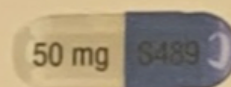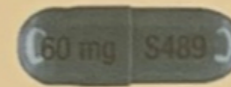
Range of VYVANSE doses available[1]

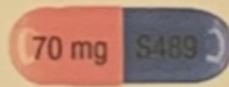| 20 mg S489	30 mg S489	40 mg S489
20 mg	30 mg	40 mg
50 mg S489	60 mg S489	70 mg S489
50 mg	60 mg	70 mg

Capsules not actual size
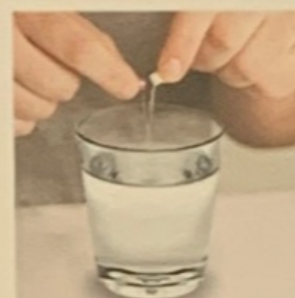
How to take VYVANSE[1]

ADHD

- Take VYVANSE exactly as prescribed. Your doctor will advise what is the correct dose for you
- Take VYVANSE once a day, in the morning
- Avoid taking VYVANSE in the afternoon or evening as it can cause an inability to sleep.

OPTION 1

- Swallow the VYVANSE capsule whole, with or without food.

OPTION 2

1. Open the VYVANSE capsule and pour the powder into a glass of water or orange juice. Use all the powder, so you get all the medicine.

2. Using a spoon, break apart any powder that is stuck together. Stir the powder and water or orange juice until completely mixed together.

3. Drink the entire glass after mixing. Do not store it. Don't worry if there is a film or residue left in the glass afterwards – this is not the active ingredient.

OPTION 3

- VYVANSE can also be mixed with yogurt. Consume all the yogurt right away.

(Please follow **Option 2** or **3** if you prefer not to swallow a capsule)